

MōZAIC's

Trans

Resource

Guide

Crisis Lines/Resources

General

- Trans Lifeline (Transgender Support) – (877) 565-8860
- Thrive Lifeline (Trans-led crisis text line) – Text "THRIVE" to 313-662-8209
- The Trevor Project Hotline (LGBTQ+ Support) – (866) 488-7386 or text START to 678678
- The Trevor Project (Online chat option) – <https://www.thetrevorproject.org/get-help>
- LGBT National Hotline – (888) 843-4564

Sexual Assault, Domestic Violence, & Intimate Partner Violence

- Buckeye Region Anti-Violence Organization Helpline (BRAVO) – 1-866-86-BRAVO or (866)-862-7286
- National Sexual Assault Hotline – (800) 656-4673
- National Domestic Violence Hotline – (800) 799-7233 or Text START to 88788
- National Domestic Violence Hotline (Deaf/Hard of Hearing Options) – By video phone: 855-812-1001

Coming Out Support

- LGBT Peer Support Online Chat – <https://www.lgbthotline.org/chat>
- LGBT National Coming Out Support Hotline – (888) 688-5428
- LGBT National Youth Talkline – (800)-246-7743
- LGBT National Senior Hotline – (888) 234-7243

Crisis Lines/Resources

Suicide Prevention

- BlackLine (for BIPOC LGBTQ+ folks) – (800) 604-5841
- National Suicide Prevention Hotline – Dial 988 or Text 988
- Linea Nacional de Prevención del Suicidio – (888) 628-9454 or SMS 988
- National Suicide Prevention Hotline (Deaf/Hard of Hearing Options) – For TTY users: Use your preferred relay service or dial 711 then 988
- Crisis Text Line – Text HOME to 741741

Substance Abuse & Mental Health

- National Alliance for Mental Illness (NAMI) Columbus – (800) 686-2646 or text NAMI to 741741
- Netcare Access - Central Ohio Crisis phone line
 - Franklin County residents: (614)276-2273
 - Suicide and Crisis Lifeline (call or text): 988
- Substance Abuse and Mental Health Services Administration National Helpline – (800) 662-4357 or Text your 5-digit zip code to 435748
- Substance Abuse and Mental Health Services Administration National Helpline (Deaf/Hard of Hearing Options) – For TTY users: (800)-487-4889

Crisis Lines/Resources

STI/HIV

- OHIV.org AIDS/HIV & STD Hotline – (800) 332-2437
- OHIV.org AIDS/HIV & STD Hotline (Deaf/Hard of Hearing Options) – For TTY users: (800) 332-3889

Child Abuse

- Childhelp National Child Abuse Hotline – Call or Text (800) 422-4453
- National Runaway Hotline – (800) 786-2929

Support Groups & Community Building

Equitas

- Mozaic -- Community space and wellness program for trans, GNC, and non-binary people
 - 750 E. Long St., Columbus, OH 43203 -- mozaicohio.org -- (614)572-0820
 - Tue., Thu. 1:00 – 6:00pm
 - Wed., Fri. 11:00am - 4:00pm
- In Transition -- Virtual Support Group
 - Tue. 4:00 - 5:30pm equitashealth.com/our-services/support-groups
- Melanated Connections -- Virtual support group for BIPOC trans/GNC folks
 - 2nd & 4th Wed. 5:30 - 6:30pm equitashealth.com/our-services/support-groups

In Community

- Kaleidoscope Youth Center -- Community center for LGBTIA+ youth 603 E. Town St., Columbus, OH , 43215 -- § (614)294-5437 -- kycoho.org -- Open Tue. - Fri., hours vary
- Black Queer & Intersectional Collective (BQIC) -- Grassroots community org that offers programming and resources for Black LGBTQIA+ people -- bqic.net
- Stonewall Columbus -- Central Ohio LGBTQIA+ community center 1160 N. High St., Columbus, OH 43201 (614)299-7764 - stonewallcolumbus.org
- TransOhio Emergency Fund -- For those impacted by anti-trans legislation -- transohio.org/emergency-fund

Gender Affirming Care

GAC Letter of Recommendation

- Equitas Health – <https://equitashealth.com/find-a-location>
- Clintonville Counseling - <https://www.clintonvillecounselingandwellness.com/gal>
- Central Outreach Columbus - <https://www.centraloutreach.com>
- Ohio State University Wexner Medical Center – <https://wexnermedical.osu.edu/genderaffirming-care>

GAC Healthcare (Central Ohio)

- Equitas Health – <https://equitashealth.com/find-a-location>
 - Services offered include:
 - Primary Care ▪ Specialized HIV care ▪ Hormone Therapy ▪ Mental Health & Recovery Services ▪ HIV/STI testing and treatment
- Ohio Health – <https://www.ohiohealth.com/health-and-wellness/lgbtq-healthcare>
 - Services offered include:
 - Primary Care ▪ Gender Affirming Surgery ▪ Therapy ▪ Gynecology Services
- Central Outreach Columbus – <https://www.centraloutreach.com>
 - Services offered include:
 - HIV & STI testing ▪ PrEp Services ▪ Hormone Therapy
- Ohio State University Wexner Medical Center – <https://wexnermedical.osu.edu/genderaffirming-care>
 - Services offered include: ▪ Gender Affirming Surgery ▪ Hair removal ▪ Hormone Therapy ▪ Mental health services ▪ Obstetric and gynecologic care and fertility preservation (family planning) ▪ Physical therapy ▪ Primary Care ▪ Voice therapy

Gender Affirming Care

- Planned Parenthood of Greater Ohio –
<https://www.plannedparenthood.org/plannedparenthood-greater-ohio/patient-resources/what-we-offer/gender-affirming-care>
 - Services offered include:
 - Hormone Therapy ▪ Birth control ▪ STI testing and treatment ▪ HIV prevention, testing and counseling ▪ Cancer screenings ▪ Primary care
- Stonewall Columbus Transgender Therapy Group -- Treatment group for gender-expansive people
 - <https://stonewallcolumbus.org/programs/support-groups/transgender-therapy-group>
- TransOhio Provider List Listing of medical providers who provide trans-competent care -- transohio.org/provider-list

Free Clothes

- Mozaic (all clothes) - 750 E. Long St Columbus, OH
<https://www.mozaicohio.org>
- Point of Pride (chest binders and shapewear) -
<https://www.pointofpride.org/free-chest-binders>
- Gender Junk Program (binders, gaffs, etc. for trans youth) –
<https://transfamilysos.org/genderjunk>
- Free Youth Binder Program (for people 24 and under) -
<https://www.ftm essentials.com/pages/ftme-free-youth-binder-program>

Clothes for Purchase

- Trans Gear Links - <https://transfamilysos.org/trans-gear-links>

Housing Resources

Central Ohio

- HUD Exchange - <https://www.hudexchange.info/housing-and-homeless-assistance>
- Black LGBTQIA+ Emergency Funds in Columbus Ohio - <https://bqic.net/emergencyfund>
- Kaleidoscope Youth Center – www.kycoho.org
- Van Buren Shelter - <https://ymcacolumbus.org/locations/vanburen>
- Tenant Rights, Laws, and Protections: Ohio – <https://www.hud.gov/states/ohio/renting/tenantrights>
- Ohio Bar Law Facts: Tenant & Landlord Rights and Obligations – <https://www.ohiobar.org/public-resources/commonly-asked-law-questionsresults/law-facts/law-facts-tenant--landlord-rights-and-obligations>

Food Pantries

Ohio

- Mid-Ohio Food Bank - <https://mofc.org>
- All People's Fresh Market - <https://www.heal4allpeople.org/all-people-s-fresh-market>
- Have a Gay Day Food Pantry, Dayton - <https://haveagayday.org/pantry>
- For Pets
 - Columbus Humane Pet Food Pantry - <https://www.columbushumane.org/petfood>

Government Programs

- SNAP Eligibility - <https://www.fns.usda.gov/snap/recipient/eligibility>
- WIC Eligibility - <https://www.fns.usda.gov/wic/who-gets-wic-and-how-apply>

Legal Support

Name and Gender Marker Updates

- ACLU Ohio – <https://www.acluohio.org/en/gender-and-name-change-id-documents>
- TransOhio & Equitas Health DIY Gender Marker & Name Change Guide – <https://equitashealth.com/our-services/gender-affirming-care/gender-marker-name-change-guide>
- Equitas Health & TransOhio Gender Marker & Name Change Legal Clinic - <https://equitashealth.com/our-services/gender-affirming-care/legal-clinics>

LGBTQ+ Legal Resources

- Transgender Legal Defense and Education Fund – <https://transgenderlegal.org>
- National LGBTQ+ Bar Association – www.lgbtqbar.org
- Lambda Legal – www.lambdalegal.org
- National Center for Lesbian Rights – www.nclrights.org
- National Center for Transgender Equality – www.transequality.org